

Socially Speaking has provided specialist support to young people and their families for over 20 years



Our team (left to right):
Justine Aldous (Occupational Therapist)
Alison Schroeder (Director, Speech and Language Therapist)
Georgina Hemmings (Speech and Language Therapist)
Frances Cary (Occupational Therapist)

Alison has written a number of best selling social skills resources which are published in the UK and used throughout the world. These can be purchased via the website.
www.sociallyspeaking.co.nz



SOCIALLY SPEAKING
PROVIDES SPECIALIST
SERVICES FOR
CHILDREN, TEENS
AND YOUNG ADULTS -

ENHANCING SOCIAL
COMMUNICATION,
SENSORY, WELL-BEING
& SELF-REGULATION

We specialise in: Autism, ADHD,
Dyspraxia, Regulation, Anxiety,
Sensory Processing and
Executive Function



Web: www.sociallyspeaking.co.nz

Phone : 021 171 9947 / Email: alison@sociallyspeaking.co.nz
Web: www.sociallyspeaking.co.nz

Socially Speaking

OUR PHILOSOPHY

To work alongside families/key people in the child/teen/young adult's life to provide practical skills and strategies to support them to become successful in ALL aspects of their life.

REFERRALS

Anyone is able to refer to our service via a booking site on our website:
www.sociallyspeaking.co.nz
We offer a 1/2 hr free online initial consultation to gain an understanding of your teen/young adult and to explain which of our services would best suit them.

TEAM APPROACH

We are a team of highly experienced Speech and Language and Occupational Therapists working closely with families and other professionals.

WHAT WE OFFER

- Initial consultation with Speech and Language Therapist and/or Occupational Therapist
- Individual sessions building on strengths and focusing on key challenges
- Social/leisure groups (focusing on social connections, emotional regulation, executive function and self help skills)
- Workshops for students, parents, teachers, support staff and other professionals
- Home/School/Community/Workplace Support.

WE CAN HELP IN THE FOLLOWING AREAS

- Enhancing wellbeing
- Forming and maintaining positive social connections
- Building confidence
- Working co-operatively with others
- Being able to manage complex emotions
- Building emotional intelligence
- Anxiety and Stress Management
- Learning to better manage sensory differences
- Developing independent life skills
- Providing personalised strategies to manage tasks and achieve personal goals